

Mental Health Matters

Statewide Initiative

Funded by the New Jersey State Library & LibraryLinkNJ
and

Training by the National Network of Libraries of Medicine,
Middle Atlantic Region

MODERATOR: KAREN PARRY, MANAGER OF INFORMATION SERVICES, EAST BRUNSWICK PUBLIC LIBRARY
MICHELE STRICKER, DEPUTY STATE LIBRARY, LIFELONG LEARNING
LYDIA N COLLINS, CONSUMER HEALTH COORDINATOR, NNLM MAR

FORM LESSONS

Workers in Sudan used flip charts to show how to interrupt the cycle of Guinea worm by filtering water.

PIPE FILTERS

A simple, inexpensive pipe filter is one of the keys to eradicating Guinea worm. The idea originated with the Tuareg people of West Africa, who did not carry jugs for water with them when they traveled. Instead, they carried a piece of filter cloth they stretched across the bottom of a hollowed-out gourd and drank through this device like a straw. The Carter Center developed a long-lasting version today known as a pipe filter, from hard plastic with a fine mesh filter attached.

HEALTH CARE BY PUPPET

Health workers in Togo used this character puppet, who has guinea worm, to entertain and illustrate a story about preventing disease. She is made from local materials, including coconut, gourds, and shells.

SUDANESE COUNTRY CLOTH

Health workers wear with people specially designed cloth to raise awareness about the need to eradicate Guinea worm. The designs convey key messages about how to prevent the disease.

Mental Health Matters

- Public libraries have become “informal day shelters,” according to a report on the effectiveness of the Provincetown Community Resource Navigator Program (Cape Cod Times, “Provincetown’s library-based aid program a success story,” December 26, 2016.)
- Many of the everyday people who visit your library have symptoms of mental health issues and substance abuse disorders. Certainly, many of the homeless.
- Become a “Health Navigator” for your community
- Learn to assist hard-to-help people with a variety of mental health issues
- Certified Mental Health First Aid instructors provide a list of community healthcare providers and national resources, support groups, and online tools for mental health and addictions treatment and support.

Mental Health Matters

- An ongoing initiative for librarians, front line staff, and the community
- Features mental health first aide training funded by the NJ State Library and LibraryLinkNJ.
- Partners with NNLM MAR and the Mental Health Association of New Jersey (MHANJ)
 - Provides training on a number of online tools on consumer health and health literacy, for both adults and youth
- Mental Health First Aid prepares participants to interact with a person in crisis and connect that person with help.
- Program offers concrete tools and answers key questions, like “what do I do?” and “where can someone find help?”

Just for the Health of It

2017 Recipient of the Health Research & Educational Trust of NJ Outreach Award

- Inspired by the work of Karen Parry, Manager of Information Services at the East Brunswick Public Library, and their partner NNLM MAR. Lydia N. Collins, Consumer Health Coordinator at NNLM MAR, offered training and guidance
- Librarians needed more skills to meet the complex health requests of the community, and NJSL and LLNJ are trying to help you acquire those skills.
- EBPL librarians earned certification in all areas of health and wellness that follow the entire life cycle from birth through old age.
- Low-cost program could be emulated by other librarians to improve health of all residents, especially the poor.
- NNLM provides health information resources at no cost

Mental Health Matters

- This year's training consisted of:
 - MHANJ Mental Health First Aid Training for 50 librarians (reference and front line staff). Participants received certification upon completion of this 2 day course
 - Lydia N. Collins, Consumer Health Coordinator at NNLM MAR taught 5 consumer health workshops around the state:
 - Beyond an Apple a Day: Providing Consumer Health Information at Your Library
 - Activate, Collaborate, and Educate: Health Outreach and Programming in Your Community

For further information on future Mental Health Matters activities contact:

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Consultant for NJSL Diversity and Literacy

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The National Library of Medicine coordinates a 6,000-member National Network of Libraries of Medicine that promotes and provides access to health information in communities across the United States.

[URL](#) for NLM

Regional Medical Libraries

Explore the pinpoints below and learn more about the NNLM Regional Medical Libraries and their respective territories.



[URL](#) for National Network of Libraries of Medicine and [URL](#) for NNLM MAR

Objectives

- 1) Increase awareness of mental health issues
- 2) Be informed of resources for mental health information
- 3) Discuss best practices for dealing with others with mental health issues

The biggest
communication problem
is we do not listen to
understand.
We listen to reply.

Mental Health Facts

IN AMERICA

Fact: 43.8 million adults experience mental illness in a given year.



1 in 5 adults in America experience a mental illness.



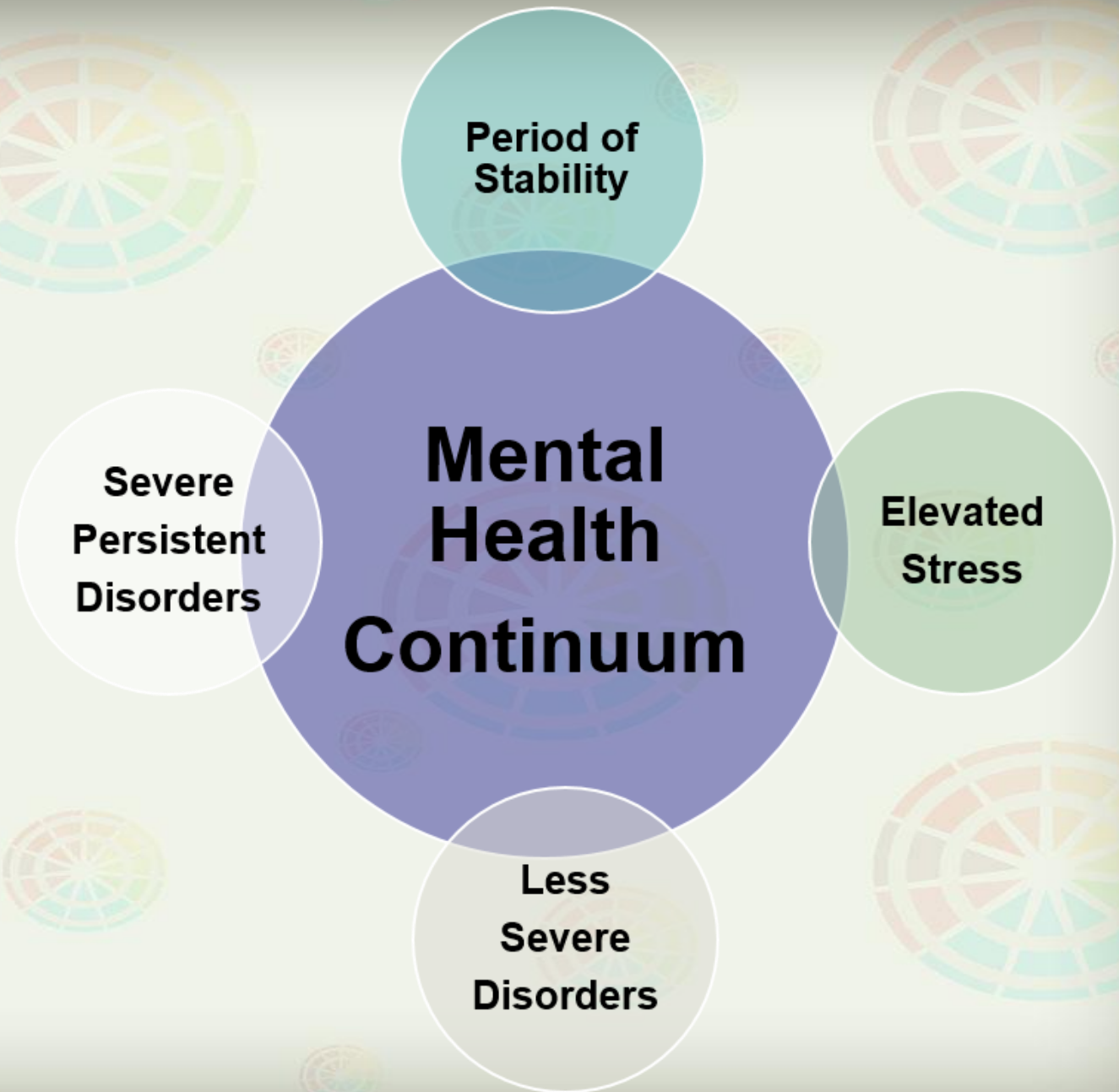
Nearly 1 in 25 (10 million) adults in America live with a serious mental illness.



One-half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24.

Factors

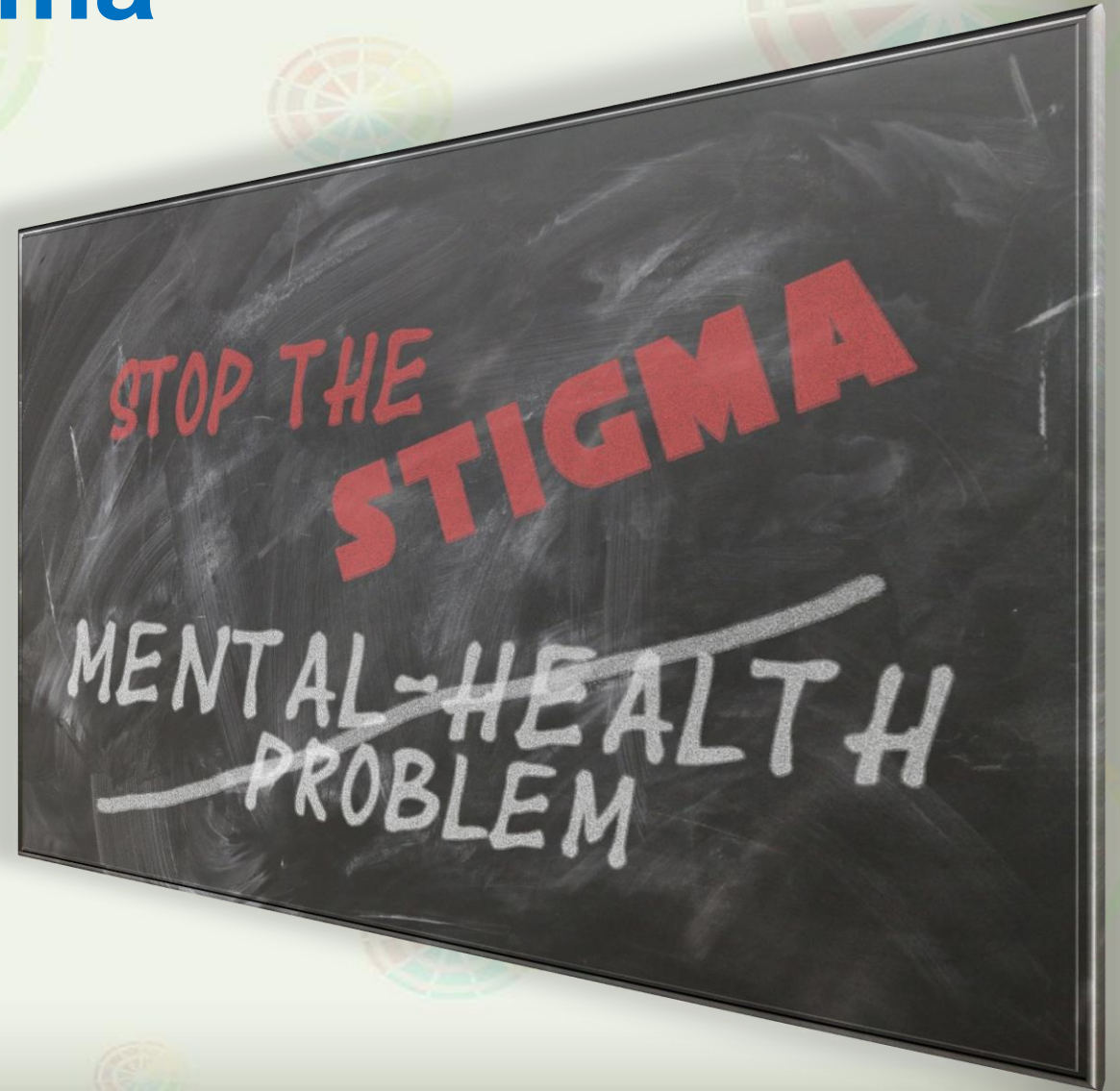
- Emotional
- Environmental
- Financial
- Intellectual
- Occupational
- Physical
- Sexual
- Social
- Spiritual





Stigma

- Misconceptions portrayed by news & media
- Inaccurate linking of mental illness and violent behavior
- Prompts subtle and overt prejudice, discrimination, fear, and stereotyping
- Results in avoidance to work, socialize, and live with persons with mental illness
- Impedes persons with mental illness to seek help



Sources: NAMI and Mental Health America

What percentage of violent acts can be attributed to people with severe mental illness?

5%

20%

50%

[URL](#) for data source

People with severe mental illness are over 10 times more likely to be victims of violent crime than the general population.

“People with mental illness enrich our lives” [NAMI]

- Abraham Lincoln
- Virginia Woolf
- Ludwig van Beethoven
- Robert Schumann
- Leo Tolstoy
- Tennessee Williams
- Vincent Van Gogh
- Isaac Newton
- Ernest Hemingway
- Sylvia Plath
- Michelangelo
- Winston Churchill
- Vivian Lee
- Patty Duke
- Charles Dickens
- Diane Sawyer

Famous
Individuals

Expressions

Use expressions like:

“a person with schizophrenia” or

“an individual with alcohol dependence”

Avoid:

“a schizophrenic or an alcoholic”



Emotional Patrons

Four step approach

- 1) STOP
- 2) BREATHE
- 3) REFLECT
- 4) CHOOSE



Source: Spatz, M. Answering Consumer Health Questions. 2008

Discussion

What strategies might work when conducting a reference interview with someone who exhibits signs of having mental illness? How would you react when assisting someone who is searching for sensitive health information, including mental health issues?



Common Mental Health Reference Questions



**Health Topics**

Find information on health, wellness, disorders and conditions

**Drugs & Supplements**

Learn about prescription drugs, over-the-counter medicines, herbs, and supplements

**Videos & Tools**

Discover tutorials, health and surgery videos, games, and quizzes

**Medical Encyclopedia**

Articles and images for diseases, symptoms, tests, treatments

Medical Dictionary from Merriam-Webster

Look up in Dictionary

GO

**What is Zika Virus?**

Get the basics and learn more on our new [Zika Virus page](#).

1 2 3 4 II

Today's Health News

[Elderly with Advanced Colon Cancer Often Get Costly, Dubious Treatments](#)

[Mom's Smoking May Put Kids at Higher Risk of COPD in Adulthood](#)


[The High Price of Untreated Insomnia](#)

[More health news](#)

Clinical Trials

Search [ClinicalTrials.gov](#) for drug and treatment studies.

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U.S. National Library of Medicine 8600 Rockville Pike, Bethesda, MD 20894 U.S. Department of Health and Human Services National Institutes of Health FOIA USA.gov

 Page last updated on 11 March 2016 URL for this page: <https://medlineplus.gov>

- Reliable, authoritative
- Consumer-friendly
- No ads
- Updated daily
- Strict quality guidelines
- English and Spanish
- Links to information in >45 languages
- Multimedia, news, images, encyclopedia, tutorials and more...

MedlinePlus.gov

Mental Health in MedlinePlus

Topics for Library Users

Self-harm
Panic-Disorder
Psychotic-Disorders
Bipolar-Disorder
Obsessive-Compulsive-Disorder
Teen-Mental-Health
Child-Mental-Health
Schizophrenia
Delirium
Depression
Compulsive-Gambling
Mental-Disorders
Eating-Disorders
Post-Traumatic-Stress-Disorder
Anxiety
Phobias
Mental-Health-Suicide
Personality-Disorders
Mood-Disorders

Topics for Library Staff

Relaxation-Techniques-for-Stress
Stress-and-Your-Health
Overcoming-Job-Stress
Ergonomics
Learn-to-Manage-Stress
Occupational-Health
Mental-Health
Anxiety
Stress

NIH SeniorHealth

Built with You in Mind



Resize Text: [A](#) [A](#) [A](#)

Change Contrast

Print

Sign Up

Share

Health and wellness information for older adults from the National Institutes of Health.

Health Topics by First Letter

[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#)

Categories

- [Bones and Joints](#)
- [Cancer](#)
- [Diseases and Conditions](#)
- [Healthy Aging](#)
- [Heart and Lungs](#)
- [Memory and Mental Health](#)
- [Treatments and Therapies](#)
- [Vision and Hearing](#)
- [All Topics A-Z](#)

Featured Topic



Bladder Health

Exercise Stories

People of all ages and physical conditions benefit from exercise and physical activity. These [exercise stories](#) feature older adults and the diverse activities they enjoy.



Health Videos

Many of our health topics feature short videos that complement the information in the topic. The [health videos](#) offer up-to-date medical information, tips for healthy living, and inspiring stories of older adults who are coping with diseases or conditions of aging.



Toxicology Data Network

<https://toxnet.nlm.nih.gov/>

Search databases on hazardous chemicals, toxic releases, and environmental health, including LactMed and:

- **ChemIDplus** – Chemical Identification & Dictionary provides information on structure, property, and chemical toxicity for over 400,000 chemicals.
- **HSDB** – *Hazardous Substances Data Bank* with biological and physical data including animal/human toxicity studies on over 5,000 hazardous chemicals.
- **DART** – *Developmental and Reproductive Toxicology* literature and
- **TOXLINE** – *Toxicology Literature Online*, with citations from toxicological journals including those in PubMed.

DAILYMED

<https://dailymed.nlm.nih.gov/dailymed/>

Over 93,000 federally approved prescription drug labels submitted by manufacturers including descriptions, usage, warnings, and patient counseling information.

Dietary Supplement Label Database

<https://dslid.nlm.nih.gov/dslid/>

This new label database includes information from 50,500 dietary supplement labels for on and off-market drugs. Labels include product information supplement facts and ingredients.

<https://medlineplus.gov/>

Access patient-oriented online information on over 975 health topics. Click **Drugs & Supplements** or search by drug name or disease. Other topics include: Drug Safety, Vitamins, Over the Counter Medicines, Pain Relievers, and Herbal Medicine.

Mobile Sites

<https://www.nlm.nih.gov/mobile/>

Access these drug-related mobile sites

- AIDInfo
- DailyMed
- Drug Information Portal
- PubMed Mobile
- PubMed for Handhelds
- TOXNET

Drug Information from the NLM

NLM Drug Information Subject Guide

https://www.nlm.nih.gov/services/Subject_Guides/druginformation/

For more information, please visit:

<https://www.nlm.nih.gov/learn-about-drugs.html>

Funded in whole or in part with Federal funds from the National Library of Medicine (NLM), National Institutes of Health (NIH), under cooperative agreement No. UG4LM012340 with the University of Maryland, Baltimore. This resource is freely available at:

<https://nmlm.gov/training/resources/drugstri.pdf>

Reviewed: January 2017

Drug Information @NLM

The U.S. National Library of Medicine (NLM) provides a variety of informational databases on drugs and herbal supplements.

Portals — search across multiple databases

- **Drug Information Portal** – search across most NLM databases.
- **TOXNET** – focus on toxic chemicals

Drug Label Databases

- **DailyMed** – FDA approved drug labels
- **Dietary Supplement Label Database**

Drug Information Resources

- **AIDInfo** – AIDS drug and vaccines
- **Clinical Trials** – Drugs in clinical trials
- **LactMed** – Drugs affecting lactating mothers and breastfed infants
- **LiverTox** – Drug-induced liver injury cases
- **MedlinePlus** – For patients, families, and health consumers.
- **Pillbox** – Pill identifier
- **PubChem** – Chemical information including components of drugs.
- **PubMed** – Article citations
- **RXNorm** – Drug name listing



[Search](#)

[A-Z Index](#)

[Submit *Your* Resources](#)

[A](#) [A](#) [A](#)



--Select Language

Search

[Advanced Search](#)

☒ Documents ☒ Audio ☒ Videos

What's New

- ✓ [Facts about Methamphetamine](#)
(English, Arabic, Burmese, Dari, Farsi, Karen, Kinyarwanda, Nepali, Swahili)
- ✓ [What Is Addiction?](#)
(English, Arabic, Burmese, Dari, Farsi, Karen, Kinyarwanda, Nepali, Swahili)
- ✓ [Facts about Marijuana](#)
(English, Arabic, Burmese, Dari, ...)



Featured Resources

✓ [Zika resources](#) **New!**

[View All](#)



[Multicultural
Information](#)



[Refugee Health
Information](#)

Tweets by [@NLM_HealthReach](#)



HealthReach
[@NLM_HealthReach](#)

Excellent resource on staying healthy
available in 14 languages!
healthreach.nlm.nih.gov/DocumentProper...



23 Jun



HealthReach Retweeted



NIH ODS
[@NIH_ODS](#)

Take the Pledge to be
~~Stigma~~ *Free!*

I AM STIGMAFREE

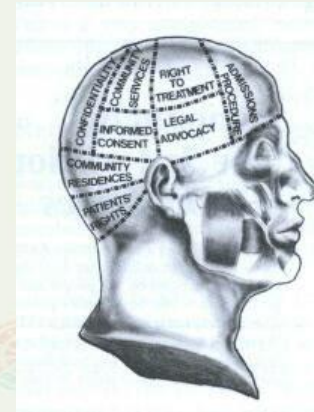
Libraries and Mental Health

Well Dressed Librarian

Dealing with Mental Illness (Blog, April 11, 2007)

“When we leave the hallowed halls of Library School [™], we are ready to catalog, provide readers advisory, conduct a fairly decent reference interview - and some people even leave with a firm grasp of bibliometrics. Dealing with mental illness is not one of those subjects that most Universities deal with.

And before you think I'm referring to your co-workers, let me assure you I am talking about customers”.



[URL](#) for Well Dressed Librarian Blog

Important Tip

Work with your administrators to have an institutional plan and make sure that **EVERYONE**, including volunteers knows what to do if you need to address a situation with someone exhibiting signs of mental illness.



Dealing with Patrons with Mental Illness

Be Respectful

Be Aware and Communicate

Set Boundaries

Use Staff Knowledge

Consult Proper Authorities

“The topic of this post may be a sensitive subject, and one that is rarely addressed in library school, but should be. Every library worker, whether in a public or other library, has had interactions with mentally ill patrons”.

Source: Public Libraries Online, Victoria Collie, September 15, 2014

[URL](#) for full article

Remain Calm – Act on Your Plan

DON'T THREATEN-This may be interpreted as a power play and increase fear or prompt assaultive behavior.

DON'T SHOUT-If the person isn't listening, other "voices" are probably interfering.

DON'T CRITICIZE-It will make matters worse; it can't make things better.

DON'T SQUABBLE WITH COWORKERS over "best strategies" or allocations of blame. This is no time to prove a point.

DON'T BAIT THE LIBRARY USER-Into acting out wild threats; the consequences could be tragic.

DON'T STAND OVER THE LIBRARY USER-If they are seated. Instead, seat yourself

AVOID CONTINUOUS EYE CONTACT OR TOUCHING

COMPLY WITH REQUESTS-That are not endangering or beyond reason. This gives the library user the opportunity to feel somewhat "In control."

DON'T BLOCK THE DOORWAY-But keep yourself between the person and an exit.

Adapted from Mental Health Nurse Training

Communicating with Individuals with Mental Illness

Be Respectful

Do not assume lack of intelligence

Be Honest

Do not ignore an individual

Set limits with the individual

The background of the slide is a light cream color, decorated with a repeating pattern of colorful, stylized mandala-like wheels. These wheels are composed of concentric circles and radial lines, creating a sunburst or wheel-like appearance. The colors used in the wheels include shades of red, orange, yellow, green, and blue, arranged in a gradient around each wheel's center. The wheels vary in size and are scattered across the entire slide, creating a vibrant and textured background.

Mental Health Awareness @ Your Library



healthfinder.gov

Live well. Learn how.

Search healthfinder.gov:

Go

En español

Home

Home > National Health Observances

Like 0

Tweet

Share

Health Topics A to Z

myhealthfinder

Shareable Tools

Health News

Find Services
Near You

National Health
Observances

Health Care Reform

Related Resources

Find us on:



National Health Observances

National Health Observances (NHOs) are special days, weeks, or months dedicated to raising awareness about important health topics.



National Health Observance Toolkits — September



National Childhood Obesity Awareness Month

*Sponsor: American College
of Sports Medicine*

View Toolkit ►



Fruits & Veggies — More Matters Month

Sponsor: Produce for Better

2016 NHO Calendar

The 2016 calendar features more than 200 National Health Observances with up-to-date information and outreach materials.

- [NHO Calendar at a Glance](#)
- [NHO Calendar with Contact Information](#)



Get answers to frequently asked questions about National Health Observances.

View All Toolkits

[URL](http://healthfinder.gov) for National Health Observances (Healthfinder.gov)

National Health Observances

January
Mental Wellness
Month

February
National Eating
Disorders
Awareness Week

March
Brain Injury
Awareness Month

*April
Alcohol
Awareness Month

May
Mental Health
Month

June
PTSD Awareness
Month

September
Suicide
Prevention
Awareness Month

October
Depression and
Mental Health
Screening Month

December
National Stress
Free Family
Holidays Month

* [URL](#) to NHO Toolkit



Mental Health Facts

CHILDREN & TEENS

Fact: 1 in 5 children ages 13-18 have, or will have a serious mental illness.¹



20% of youth ages 13-18 live with a mental health condition¹



11% of youth have a mood disorder¹



10% of youth have a behavior or conduct disorder¹



8% of youth have an anxiety disorder¹

Impact

50%



50% of all lifetime cases of mental illness begin by age 14 and 75% by age 24.¹

10 yrs



The average delay between onset of symptoms and intervention is 8-10 years.¹

Suicide

3rd



Suicide is the 3rd leading cause of death in youth ages 10 - 24.¹

Taking Charge of Your Mental Health

FIND THE RIGHT SPECIALIST



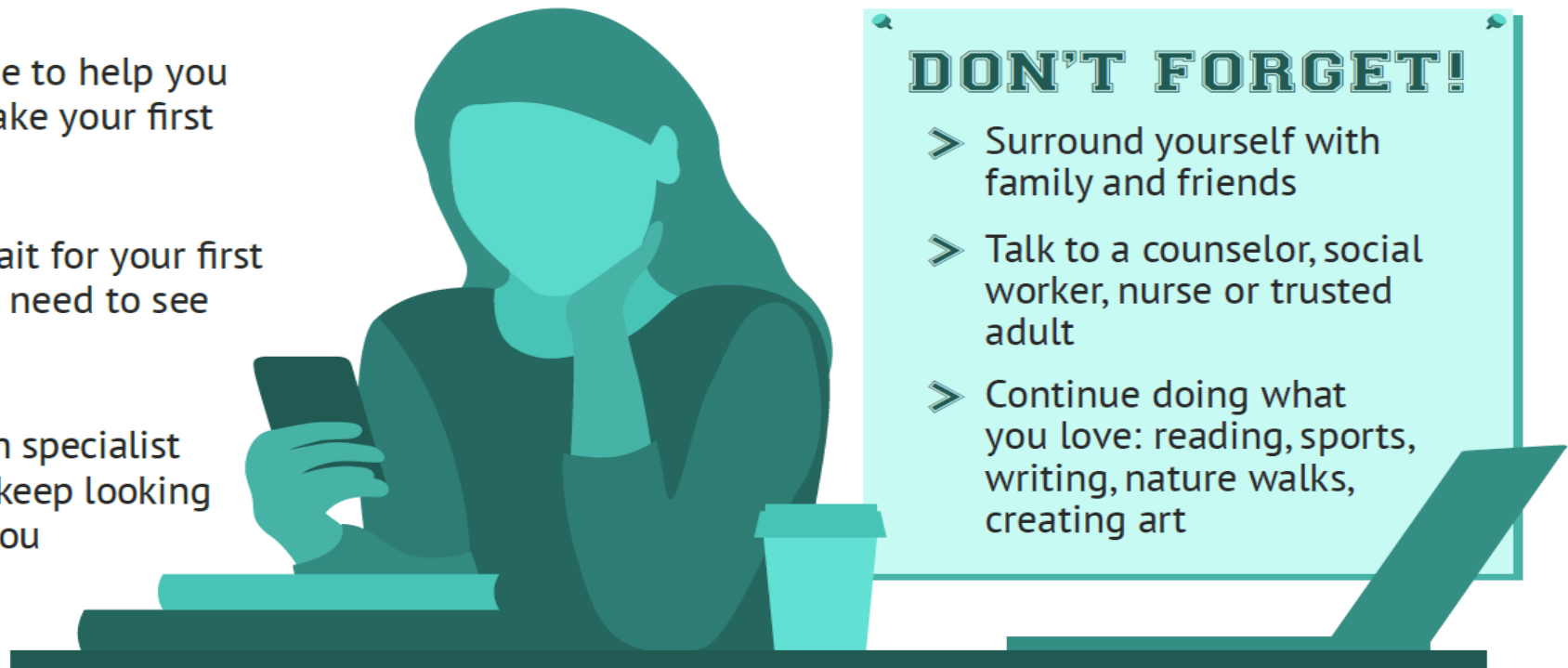
Ask your doctor or nurse to help you find a specialist and make your first appointment



There may be a long wait for your first visit, so speak up if you need to see someone right away



If the first mental health specialist you see isn't a good fit, keep looking for one who works for you



Getting the Right Start

STUDENT GUIDE TO MENTAL HEALTH

KNOW THE 10 COMMON WARNING SIGNS



- 1** Feeling very sad or withdrawn for more than two weeks
- 2** Seriously trying to harm or kill oneself or making plans to do so
- 3** Severe out-of-control, risk-taking behaviors
- 4** Sudden, overwhelming fear for no reason
- 5** Not eating, throwing up or using laxatives to lose weight; significant weight loss or weight gain
- 6** Seeing, hearing or believing things that are not real
- 7** Repeatedly using drugs or alcohol
- 8** Drastic changes in mood, behavior, personality or sleeping habits
- 9** Extreme difficulty in concentrating or staying still
- 10** Intense worries or fears that get in the way of daily activities

Want to Know How to Help a Friend?

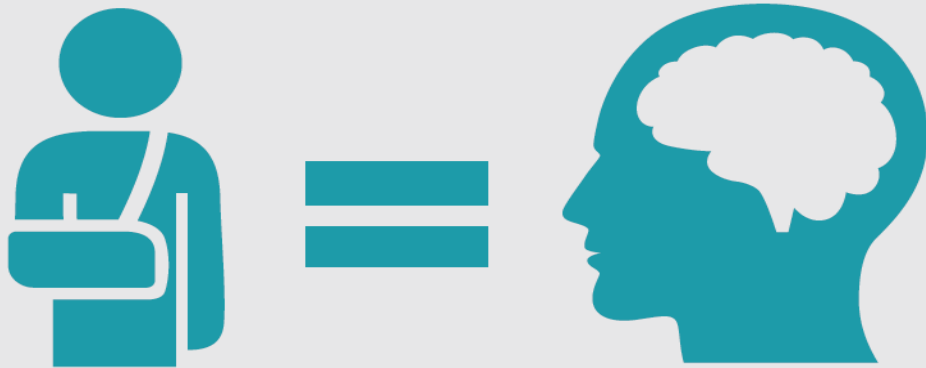
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- 10 Intense worries or fears that get in the way of daily activities



WHAT IS Mental Health Parity?



Mental health parity means that insurance benefits for mental health and substance use conditions are equal to coverage for other types of health care.

So if your plan offers unlimited doctor visits for a chronic condition like diabetes, then it must also offer unlimited visits for a mental health condition such as depression or schizophrenia.

Does My Plan Have to Follow Parity?

The federal parity law establishes minimum standards across the country. If a state has a stronger parity law, health plans must follow the state law instead.

These 5 Life Skills Can Boost Your Odds of Well-Being

People with these traits more likely to be healthier, less lonely and more financially stable, study finds

By Robert Preidt
Monday, April 10, 2017



MONDAY, April 10, 2017 (HealthDay News) -- Emotional stability, determination, control, optimism and conscientiousness: all important "life skills" that can raise your prospects for a happy, healthy life.

That's the finding from a new study of more than 8,000 people, aged 52 and older, in the United Kingdom. Researchers found a link between those five life skills and better health, fewer chronic diseases, less depression, less social isolation, and greater financial stability.

"No single attribute was more important than others. Rather, the effects depended on the accumulation of life skills," study co-leader Andrew Steptoe, a professor of epidemiology and public health at University College London, said in a university news release.

"There is research on individual factors -- such as conscientiousness and optimism in adults -- but the combination of these life skills has not been studied very much before," Steptoe said.

Nearly one-quarter of people with the fewest of those five skills reported depressive symptoms, the study found. But just 3 percent of people with four or five of the life skills had symptoms of depression.

Almost half of those with the fewest skills said they had high levels of loneliness. Meanwhile, just 11 percent of those with four or five of the life skills said they had high levels of loneliness, the findings showed.

More than one-third of those with the least life skills said they had poor to fair health, compared with 16 percent of people with four or five of the skills, according to the report.



Related MedlinePlus Health Topics

[Mental Health](#)

[URL](#) to full article (MedlinePlus News)

professional development

Class Descriptions

The NNLM educational program consists of a mix of in-person and online opportunities. The classes listed below may be customized for any audience. Additionally, MAR coordinators are available to discuss your audiences' specific needs and tailor presentations that introduce information resources to address specific demographic, biomedical and health information needs. Contact nnlmmar@pitt.edu to request a class or presentation.

Use the sidebar navigation to view our Training Schedule for upcoming session dates.

Note: Classes that do not include MAR staff in their list of instructors are only available to the Middle Atlantic Region when offered online by another region or office. Look for any of the following instructors:

- Renae Barger
- Michelle Burda
- Lydia Collins
- Kate Flewelling
- Elaina Vitale

[ABCs of DNA: Unraveling the Mystery of Genetics...](#)

[Activate, Collaborate, and Educate: Health...](#)

[Are You Ready? Essential Disaster Health...](#)

[Beyond an Apple a Day: Providing Consumer...](#)

[ACRL Research Data Management Roadshow](#)

[American Indian Health Information Resources](#)

[Augmented Reality, Virtual Reality, & Health](#)

[Beyond the SEA Monthly Web Seminar](#)

IN THIS SECTION

[Overview](#)

[Class Descriptions](#)

[Training Schedule](#)

[Past Presentations](#)

[Educational & Print Materials](#)

[Other Free Materials](#)

[Resource Guides](#)

FILTER CLASSES

Title

Region/Office

- ☒ - Any -
- ☐ MAR
- ☐ SEA
- ☐ GMR

[URL](#) for Class Descriptions



MAR HOME

About MAR ▾

Members ▾

Funding ▾

Professional Development ▾

professional development

Upcoming Training Opportunities

The following table contains a schedule of upcoming NNLM training opportunities available to individuals located within the Middle Atlantic Region. You can also [NNLM training opportunities](#).

Upcoming NNLM Classes

Date	Title	Location	Sponsoring RML/Center	Registration	Past	Educational & Print Materials	Other Free Materials
04/26/2017	Teaching Topics: Get in the Picture - ACRL Framework and You	Online	NTO	Log in to register			
04/26/2017	HealthReach: Health Information in Many Languages	Online	GMR	Log in to register			
04/27/2017	Getting a Seat at the Table: Librarian Involvement in Interprofessional Education Activities (IPE)	Online	MAR	Log in to register			
04/28/2017	SEASide Webinar: Virtual, Augmented, and Mixed Reality	Online	SEA	Log in to register			

[URL](#) for Training Schedule



Members

NNLM **Members** provide health professionals and the general public with health information resources and services. If you are providing health information through a library, information center, or other organization, please consider joining the NNLM Network.

Network Membership is free and offers a variety of benefits and services, including:

- Eligibility for [funding](#) for health information access and other projects related to the improvement of public health.
- Access to [training and other educational opportunities](#) offered through NNLM- we offer courses for librarians, health professionals, and consumers.
- Opportunities for partnership- we can assist you in fostering connections with [health sciences libraries and other health-related information centers in your region](#).
- Access to free educational and printed materials, including NLM posters, brochures, bookmarks, and other publications.
- Opportunities to request an [NLM Traveling Exhibition](#) to visit your library or organization.
- A certificate recognizing your institution, library or organization as a Network Member.

IN THIS SECTION

[Members Overview](#)

[Members Directory](#)

[Regional Member Services](#)

[Join the Network](#)

Have Questions?

WE HAVE ANSWERS!

Office Telephone:

(412) 648-2065

Fax:

(412) 624-1515

Email:

nnlmmar@pitt.edu 

[URL](#) for NNLM Membership

Take Home Points

- Fight stigma
- Be proactive about your mental health
- Cultivate your knowledge of mental health resources
- Do your very best when assisting those with mental health issues
- Keep the dialogue going @ your library
- Make a plan @ your library



Questions



Thank you!

Lydia N. Collins, MLIS

National Network of Libraries of Medicine,
Middle Atlantic Region

lydia@pitt.edu

[URL](#) for NNLM MAR



This project is funded by the National Library of Medicine, National Institutes of Health, Department of Health and Human Services, under Cooperative Agreement Number UG4LM012342 with the University of Pittsburgh, Health Sciences Library System.